

Supplementary Table 2. Risk of bias assessment of the studies included in the meta-analysis according to Newcastle-Ottawa quality assessment scale categories

Study	Selection (maximum 4 points)	Comparability (maximum 2 points)	Outcome (maximum 3 points)	Total points (maximum 9 points)
Sun et al. (2019) ²⁴	4	0	3	7
Guglielmi et al. (2019) ¹⁵	3	2	3	8
Garcia-Bermejo et al. (2019) ³¹	3	0	3	6
Deng et al. (2019) ²⁵	3	1	3	7
Baik et al. (2019) ³⁰	4	1	3	8
Yoshimura et al. (2018) ³³	3	0	3	6
Sharma et al. (2018) ³⁴	3	0	3	6
Maekawa et al. (2018) ³⁵	4	0	3	7
Luo et al. (2018) ³⁶	4	1	3	8
Lee et al. (2018) ²⁶	3	2	3	8
Imahori et al. (2019) ²⁷	3	0	3	6
Gory et al. (2018) ³²	3	2	3	8
Díaz-Pérez (2018) ³⁷	4	0	3	7
Berndt et al. (2018) ³⁸	3	0	2	5
Wen et al. (2017) ³⁹	3	0	3	6
Uno et al. (2017) ⁴⁰	3	2	3	8
Park et al. (2017) ⁴¹	3	0	2	5
Giray et al. (2017) ¹⁴	3	2	3	8
Bousslama et al. (2017) ⁴²	3	0	3	6
Boeckh-Behrens et al. (2016) ²⁹	3	0	2	5
Angermaier et al. (2016) ⁴³	3	0	3	6
Ahn et al. (2016) ⁴⁴	3	0	3	6
Yoon et al. (2015) ²⁸	4	0	3	7
Wong et al. (2013) ⁴⁵	3	0	3	6
Soize et al. (2013) ⁴⁶	3	0	3	6