

Supplementary Table 1. Modified Newcastle-Ottawa scale for assessing the quality of included studies

Study	Study design	Selection (max=4)				Comparability (max=2)	Outcome (max=3)		Total score (max=9)
		Representative sample	Sample size adequate	Non-respondents	Ascertainment of exposure	Based on design or analysis	Assessment of outcome	Statistical test	
Miyazawa et al. (2007) ²⁰	Cross-sectional	☺	☺	-	☺	☺☺	☺	☺	7
Goyal et al. (2015) ¹⁹	Cross-sectional	☺	☺	-	☺	☺	☺	☺	6
Laukka et al. (2019) ²¹	Cross-sectional	☺	☺		☺	☺☺	☺	☺	7
Connolly et al. (2003) ¹¹	Cross-sectional	☺	☺	☺	☺	☺	☺	☺	7
Cook et al. (2013) ⁹	Cross-sectional	☺	☺	-	☺	☺	☺	☺	6
Curtis et al. (2012) ¹²	Cross-sectional	☺	☺	-	☺	☺☺	☺	☺	7
Egbe et al. (2017) ¹³	Cross-sectional	☺	☺	-	☺	☺☺	☺	☺	7
Jung et al. (2017) ³	Cross-sectional	☺	☺	-	☺	☺	☺	☺	6
Kuzmik et al. (2010) ⁵	Cross-sectional	☺	☺	-	☺	☺	☺	☺	6
Lee et al. (2017) ⁶	Cross-sectional	☺	☺	-	☺	☺	☺	☺	6
Rouchaud et al. (2016) ⁷	Cross-sectional	☺	☺	-	☺	☺	☺	☺	6
Schievink et al. (2010) ¹⁰	Cross-sectional	☺	☺	-	☺	☺☺	☺	☺	7
Shin et al. (2015) ⁸	Cross-sectional	☺	☺	-	☺	☺	☺	☺	6