

**Supplementary Table 1.** The proportion (%) of the association between total calcium intake and ischemic stroke mediated by covariates

Variable	Proportion mediated (95% CI)	<i>P</i>
Glucose	19.6 (4.0–58.9)	<0.001
Type 2 diabetes	9.0 (1.7–36.0)	0.017
SBP	12.0 (2.4–43.6)	0.006
Hypertension	8.0 (1.5–32.8)	0.014
Total cholesterol	9.6 (2.2–33.4)	0.005
High total cholesterol	2.1 (0.3–13.4)	0.089
HDL	9.5 (2.2–33.2)	0.005

The models were adjusted for age, body mass index, sex, income, education, region, alcohol intake, physical activity, smoking, low density lipoprotein, triglyceride, and total energy intake.

CI, confidence interval; SBP, systolic blood pressure; HDL, high density lipoprotein.